

Easter 3



Alleluia Christ is risen

He is Risen indeed! Alleluia!!

An Act of Spiritual Communion

The following act of spiritual communion is made available while we cannot worship in church. The church has from earliest times used the term 'Spiritual Communion' to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ.

Remember always, that we are never truly alone.

Not only is God present with us, and in the prayer and worship we offer, even when physically alone, the saints and angels are present spiritually with us.

The Eucharist will be celebrated at 10am on Sunday.

Joining in this short service will also unite us all spiritually within this celebration.

First settle yourself quietly without distractions. Turn the phone and TV off. You might want to play quiet, reflective music in the background. You may want to light a candle as a focus. You could even set up a 'prayer corner' with religious images, statues, or candles. [click here for song](#) Be still and know that God is with you.

Welcome –: [hymn here](#)

**In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.**

Now call to mind your sins and make this act of contrition:

Lord Jesus Christ, Son of the living God, have mercy on me, a sinner.

Ask God for his forgiveness:

**May the Lord in all his mercy,
grant me forgiveness of my sins,
deliver me from evil,
and bring me to the joy of eternal life.
Amen.**

At this point read the Opening Prayer (Collect) for the day:

Almighty Father,
who in your great mercy gladdened the disciples
with the sight of the risen Lord:
give us such knowledge of his presence with us,
that we may be strengthened and sustained by his risen life
and serve you continually in righteousness and truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Now read the Gospel and/or watch it [here](#)

Luke 24. 13-35

Hear the gospel of our Lord Jesus Christ according to Luke.

Glory to you O lord

¹³ Now on that same day two of them were going to a village called Emmaus, about seven miles^a from Jerusalem, ¹⁴ and talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing, Jesus himself came near and went with them, ¹⁶ but their eyes were kept from recognizing him. ¹⁷ And he said to them, “What are you discussing with each other while you walk along?” They stood still, looking sad.^b ¹⁸ Then one of them, whose name was Cleopas, answered him, “Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?” ¹⁹ He asked them, “What things?” They replied, “The things about Jesus of Nazareth,^c who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and leaders handed him over to be condemned to death and crucified him. ²¹ But we had hoped that he was the one to redeem Israel.^d Yes, and besides all this, it is now the third day since these things took place. ²² Moreover, some women of our group astounded us. They were at the tomb early this morning, ²³ and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.” ²⁵ Then he said to them, “Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! ²⁶ Was it not necessary that the Messiah^e should suffer these things and then enter into his glory?” ²⁷ Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

²⁸ As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹ But they urged him strongly, saying, “Stay with us, because it is almost evening and the day is now nearly over.” So he went in to stay with them. ³⁰ When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹ Then their eyes were opened, and they recognized him; and he vanished from their sight. ³² They said to each other, “Were not our hearts burning within us^f while he was talking to us on the road, while he was opening the scriptures to us?” ³³ That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. ³⁴ They were saying, “The Lord has risen indeed, and he has appeared to Simon!” ³⁵ Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

This is the Gospel of the Lord Alleluia!

Praise to you O Christ. Alleluia!

Homily: [here](#)

The Apostles' Creed: [see here](#)

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Prayers of Intercession: [here](#)

By Patrick Tootal

Let us pray for the Church and for the World and let us thank God for his goodness.

Lord Jesus Christ, the light of your love shines on, illuminating the places where you are present. As the bewildered disciples pondered the stories of your appearance, you penetrated the darkness of their fear and doubt with your word of peace. You opened their minds to understand why you had to die to defeat such evil and death. Increase our understanding, we pray, and open our minds and hearts to receive you.

Lord in your mercy **Hear our prayer**

We pray for all who are working for peace in the tangled conflicts and challenges in the world today. We pray for international leaders, for the politicians, for the religious leaders to bring a lasting peace and reconciliation through truthful dialogue. We pray for those in the front line fighting the pandemic the NHS, the carers, all those who work to keep us going, the Armed Forces and the emergency services.

Lord in your mercy **Hear our prayer**

We pray for those who have a vocation to the ordained ministry and for lay ministers. We pray for all who seek to bring others to you for the whole mission of your Church; We pray for Archbishop Justin and Bishops James and Simon, especially we pray for Father Matthew and our own Ministry team, for Father Matthew and our Church family helping those in need.

Lord in your mercy **Hear our prayer.**

Good Lord, in these strange times, transform our lives by a vision of your glory. Transform our work by an awareness of your presence. Transform our homes by the knowledge of your love. Transform our relationships by our being with you. We thank you for all the joys and blessings in our lives especially we thank you for the relationships that enrich our lives.

Lord in your mercy **Hear our prayer.**

Jesus, during Your ministry on Earth You showed Your power and caring by healing people of all ages and stations of life from physical, mental, and spiritual ailments. Be present now to people who need Your loving touch because of COVID-19. May they feel Your power of healing through the care of doctors and nurses. Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under lockdown and especially the elderly and people with chronic health conditions. Protect them from harm and be their comfort in this time of uncertainty. Father, we seek Your wisdom daily. Be with people making decisions that affect the lives and futures of our families, communities, countries, and the wider world. Inspire and invigorate people developing better tests to diagnose the virus, vaccines to prevent it, and protocols and communication to eliminate the disease's spread. May truth and empathy be the touchstones of people setting policies for our protection.

Lord in your mercy **Hear our prayer.**

We pray for those who have recently died and especially remember John Farrow and all that he gave to the life of this Church. We pray for Janet, Emily and Sophie asking that You would be very close to them, bringing them comfort, strength and peace as they mourn the loss of a husband and father.

Almighty and eternal God, from whose love in Christ we cannot be parted, either by death or life: hear our prayers and thanksgivings for all whom we remember this day; fulfil in them the purpose of your love; and bring us all, with them, to your eternal joy.

In a short moment of quiet. let us offer our own prayers to God as we think of those dear to us who need your help.

Merciful father

**Accept these prayers for the sake of your son,
our saviour Jesus Christ
Amen.**

The Eucharistic Prayer: [here](#)

The Lord be with you

And also with you

Lift up your hearts

We lift them to the Lord

Let us give thanks to the Lord our God

It is right to give thanks and praise

It is indeed right, our duty and our joy,
always and everywhere to give you thanks,

almighty and eternal Father,

and in these days of Easter

to celebrate with joyful hearts

the memory of your wonderful works.

For by the mystery of his passion

Jesus Christ, your risen Son,

has conquered the powers of death and hell

and restored in men and women the image of your glory.

He has placed them once more in paradise

and opened to them the gate of life eternal.

And so, in the joy of this Passover,

earth and heaven resound with gladness,

while angels and archangels and the powers of all creation
sing for ever the hymn of your glory.

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest;

Blessed is he,

who comes in the name of the Lord.

Hosanna in the highest.

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for
the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.
Christ is the bread of life:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit, inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise: **Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The Lord's Prayer

**Our Father, who art in heaven
hallowed be thy name;
thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom,
the power and the glory
for ever and. Amen**

*Now make your spiritual communion.
Imagine that you are receiving the Host:*

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

**My Jesus, I believe that you
are present in the Most Holy Sacrament.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if You were already there
and unite myself wholly to you.
Never permit me to be separated from you. Amen.**

Now spend some time in silence and listen to this song

[Let your living water flow over my soul](#)

Post Communion Prayer

**Living God,
your Son made himself known to his disciples
in the breaking of bread:
open the eyes of our faith,
that we may see him in all his redeeming work;
who is alive and reigns, now and for ever.
Amen**

The Blessing: [here](#)

God the Father,
by whose love Christ was raised from the dead,
open to you who believe the gates of everlasting life.

Amen.

God the Son,
who in bursting from the grave has won a glorious victory,
give you joy as you share the Easter faith.

Amen.

God the Holy Spirit,
who filled the disciples with the life of the risen Lord,
empower you and fill you with Christ's peace.

Amen.

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord. **Alleluia!! Alleluia!!**
In the name of Christ, Amen. **Alleluia!! Alleluia!!**

HAPPY EASTER!!